



PRESENTATION PROPOSAL

Quest for the Bay: One Woman's Historic Journey



If an opportunity came along that would push you to your edge and challenge your absolute limits – in body, mind, and spirit – would you take it??

For RoseAnna Schick, a once-in-a-lifetime opportunity happened in the form of the "living history" television series *Quest for the Bay*. Filmed for History Television during the summer of 2001, RoseAnna was part of an eight-person team that reenacted an 1840's York boat trip from Winnipeg to the shores of the Hudson Bay.

The only woman on board, RoseAnna rowed, carried, dragged, pushed, pulled, hauled and hoisted for nine weeks; learning firsthand how brutally hard work was as a 19th Century Yorkman.

She also learned the value of teamwork, the consequences of attitude, the importance of courage, and the true meaning of having faith – faith in herself, faith in her teammates, faith in their surroundings, and faith in a higher being.



With new challenges looming every day and dangers lurking around every corner, each of the Yorkmen relied heavily on their own faith. Being a Métis woman with strong spiritual beliefs, RoseAnna found herself seeking strength in the sweat lodge, by smudging every day, offering tobacco, and respecting and honouring the Creator.

RoseAnna also believed strongly in the power of the Eagle feather, blessed by an Elder in Norway House Cree Nation and given to the team for protection.

Despite the hellish tasks and sometimes difficult tempers, RoseAnna truly felt protected and part of her surroundings. She found a peaceful sense of serenity and spirit, and received great solace and inspiration in the stunning beauty of the landscape. Each setting sun and serendipitous moment reminded her of the awesomeness of this journey – and the power of the strength she found in herself.

Back in the real world, RoseAnna still takes in as many sunsets as possible, and continues to follow a spiritual path in her quest to fully experience the ongoing adventure we call life. Today, she is a busy entrepreneur and an extremely active individual, training hard to become a competitive athlete in the sport of (what else!?) rowing...

A frequent speaker at conferences, special events, corporate functions, at schools, and in classrooms, RoseAnna shares her story with hopes of inspiring others to embrace their own quests in life.



ABOUT THE PRESENTATIONS

RoseAnna receives regular requests to speak to groups at conferences, retreats, meetings, gatherings, and at schools. Presentations are 45 to 60 minutes in length, and include a visual component – an 11-minute DVD summary of the television series. Putting her experiences on *Quest for the Bay* in context of the requested topic, RoseAnna's presentations have been called unique, interesting, and inspirational. Some of the themes she speaks about include teamwork, attitude, motivation, change, confidence, courage, challenge, and spirit.

ABOUT ROSEANNA SCHICK

RoseAnna Schick's passion is helping others make their ideas happen. As founder and president of Winnipeg-based PR company RAS Creative, she provides strategic communications to the music and motion picture industries, arts and entertainment, sports and recreation, travel and tourism, special events, and the Aboriginal community.

Since 1995, RoseAnna has worked with a diverse Canadian, US and international roster made up of more than 70 film and television productions, over 50 special events and creative projects, and dozens of musicians.

As a freelance writer, RoseAnna's travel articles have appeared in magazines and newspapers across Canada, as well as on numerous websites. She's currently a regular travel columnist for Canstar Community News.

RoseAnna is the proud recipient of a 2011 Women of Distinction Award in the category of Public Awareness and Communications. When she's not busy working on her next big thing, you'll find her training at the Winnipeg Rowing Club, at a rink practicing her curling delivery, learning to play ice hockey, trying to break 100 on any given golf course, or out roaming somewhere in the Canadian wilderness... the more remote the better... www.ras-creative.com