



PRESENTATION PROPOSAL

Quest for the Bay: One Woman's Historic Journey



If an opportunity came along that would push you to your edge and challenge your absolute limits – in body, mind, and spirit – would you take it??

For RoseAnna Schick, a once-in-a-lifetime opportunity happened in the form of the "living history" television series *Quest for the Bay*. Filmed for History Television during the summer of 2001, RoseAnna was part of an eight-person team that reenacted an 1840's York boat trip from Winnipeg to the shores of the Hudson Bay.

The only woman on board, RoseAnna rowed, carried, dragged, pushed, pulled, hauled and hoisted for nine weeks, learning firsthand how brutally hard work was as a 19th Century Yorkman.

She also learned the value of teamwork, the consequences of attitude, the importance of courage, and the true meaning of having faith – faith in herself, faith in her teammates, faith in their surroundings, and faith in a higher being.



With new challenges looming every day and dangers lurking around every corner, each of the Yorkmen relied heavily on their own faith. Being a Métis woman with strong spiritual beliefs, RoseAnna found herself seeking strength in the sweat lodge, by smudging every day, offering tobacco, and respecting and honouring the Creator.

RoseAnna also believed strongly in the power of the Eagle feather, blessed by an Elder in Norway House Cree Nation and given to the team for protection.

Despite the hellish tasks and sometimes difficult tempers, RoseAnna truly felt protected and part of her surroundings. She found a peaceful sense of serenity and spirit, and received great solace and inspiration in the stunning beauty of the landscape. Each setting sun and serendipitous moment reminded her of the awesomeness of this journey – and the power of the strength she found in herself.

Back in the real world, RoseAnna still takes in as many sunsets as possible, and continues to follow a spiritual path in her quest to fully experience the ongoing adventure we call life. RoseAnna is an entrepreneur through her company RAS Creative, and training hard to become a competitive athlete in the sport of (what else!?) rowing...

A frequent speaker at conferences, special events, corporate functions, at schools, and in classrooms, RoseAnna shares her story with hopes of inspiring others to embrace their own quests in life.



ABOUT THE PRESENTATIONS

RoseAnna receives regular requests to speak to groups at conferences, retreats, meetings, gatherings, and at schools. Presentations are 45 to 60 minutes in length, and include a visual component – an 11-minute DVD summary of the television series. Putting her experiences on *Quest for the Bay* in context of the requested topic, RoseAnna's presentations have been called unique, interesting, and inspirational. She has spoken about:

- **Adventure**
- **Teamwork**
- **Change**
- **Confidence**
- **Courage**
- **Challenge**
- **Spirit**

RoseAnna has provided tailor-made presentations to the following:

CONFERENCES & CORPORATE:

- **Walk In Balance Two** – keynote speaker for Aboriginal wellness conference in Fort St. John BC – *Quest for Spirit* (2007)
- **Manitoba Hydro TSO Division Seminars** – two keynotes at corporate retreat (2007)
- **EA (Executive Assistant) Conference** – professional development conference in Kelowna BC – *Quest for Change* (2006)
- **Manitoba Forestry Association** – Manitoba Envirothon high school conference (2005)
- **The Feminine Highway: Women with Drive** – youth conference – *Challenge Your Limits* (2005)
- **Golden West Radio** – corporate retreat – *Three Secrets to Success: Teamwork, Attitude and Motivation* (2004)
- **Junior Achievement World of Choices** – youth career conference – *Quest for Confidence: Believing in Yourself* (2003)

- **Manitoba Farm Women's Conference** – professional development conference in Brandon MB (2002)

MEMBERSHIP MEETINGS:

- **Eastman Seniors Council** – 30th anniversary Eastman Senior Citizens Council in Lac du Bonnet MB (2006)
- **Winnipeg Beta Sigma Phi Founder's Day** – membership annual dinner (2006)
- **Rotary Club** – membership luncheon (2006)
- **Women Business Owners of Manitoba** – keynote speaker for membership meeting (2005)
- **Manitoba Museum of Man and Nature** – meeting of museum volunteers (2003)
- **Manitoba Historical Society AGM** – membership meeting (2003)
- **University Women's Alumni Club** – membership meeting (2003)
- **Manitoba Recreational Canoeing Association AGM** – meeting of membership (2002)
- **Westwood Church** – meeting of congregation (2002)

EDUCATIONAL INSTITUTIONS:

- **Herzing College** – staff meeting (2006)
- **West St. Paul School** – grade 7 class (2008)
- **University of Manitoba** – organizational behaviour continuing education class (2006)
- **Bobby Bend Elementary School** – grade 1 class in Stonewall MB (2002)
- **Nordale School** – grades 7-9 classes (2002)
- **Rundle College High School** – grades 10-12 classes in Calgary AB (2001)

ABOUT ROSEANNA SCHICK

RoseAnna Schick is President of RAS Creative, a company that provides publicity and promotions, writing and editing, and specialized communications to special events, sports and entertainment, travel and tourism, music and motion pictures, and the Aboriginal community.

Since 1995, RoseAnna has worked with Canadian, US and international clients, overseeing the biggest of pictures and the smallest of details. She is involved 'hands-on' with every project and prides herself on being an efficient and effective multi-tasker with expertise as a publicist, writer, planner, communicator, facilitator, consultant, coordinator, manager, and entrepreneur.

When she isn't working on her next big thing, she can be found training as a competitive Masters rower for the Winnipeg Rowing Club, learning to play ice hockey with her team the Hockey Bags, trying to break 100 on the golf course, or out roaming somewhere in the Canadian wilderness... the more remote the better... www.ras-creative.com